[Date]

To [Family member(s) names],

This is an important letter.

I wish to share with you how I want to be buried. Clarity now about my wishes makes things easier for me and for you - my loved ones. Please place this letter where you can easily find it after my death and give copies to others who will help with this process (rabbi, funeral home, lawyer, etc.)

First and foremost, I want the preparation of my body for burial to include Tahara (ritual
washing and dressing) and Shmirah (attendance of my body). These are two
Jewish traditions I draw great comfort from. I trust you will too.

Immediately after my death please contact the Valley Chevra Kadisha via their website ([www.valleychevra](http://www.valleychevra)kadisha.org/contact-us) or call them (818-287-6155) to arrange for these services.

My other wishes are indicated below (check boxes as appropriate):

[ ]  Only permit an autopsy if first discussed with a rabbi

[ ]  I do not wish to be cremated

[ ]  I do not wish to be embalmed

[ ]  I do not wish any viewing of my remains

[ ]  I wish to be buried in a plain wooden coffin

[ ]  I wish to be buried in the ground in a Jewish cemetery

[ ]  Other (specify below):

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If you have any questions and wish to be in touch with either Jonathan or Steve, the founders, you may reach them at info@valleychevrakadisha.org. If you want more information, go to [www.valleychevrakadisha.org](http://www.valleychevrakadisha.org).

Thank you for honoring my wishes. It is a comfort knowing you know. Love,